

The Butterfly Programme



The Butterfly Programme is an 8 week therapeutic programme for female survivors of Childhood Sexual Abuse.

Referral pathway:

1. Commission Clarifi Consulting to run a programme for up to 8 women from your organisation with a co-facilitator from your organisation.
2. Refer women directly to Clarifi Consulting (referral form at www.clarificonsulting.com/butterfly)

The programme covers the following areas:

- Journal work and recovery writing
- Perpetrators, power and protection
- Flashbacks and memories
- Active healing & developing healthier patterns
- Anger and grief management
- Inner child work
- Art and sensory therapy

This is an empowering, outcomes based programme that aims to deal specifically with the abuse that a women has survived and thereby increase her quality of life.

FOR COST, OPTIONS AND OTHER ENQUIRIES PLEASE CONTACT:

Clarifi Consulting

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